With the dawn of the Internet, it has become much easier to track down and research virtually any organization in the world. In 1992, when I wrote my book *Making the Marathon Your Event*, the Internet was virtually unknown outside of the military and academic circles. The book is still in print, and the final appendix, a listing of important addresses and phone numbers, looks awfully retro.

For this appendix, I decided to keep things simple and list Web sites and not physical addresses because you can pretty much find all of that information on the Web site. Search engines work wonderfully well, too, for finding almost anything on the Internet. The following list is by no means complete. It merely reflects Web sites I’ve found useful over the years.

**Organizations**

www.rrca.org. The Road Runners Club of America. More than 1,000 local clubs, ranging in size from 40,000 in New York to a few dozen in a small town near you. More than 50 years old, this organization is the road runner’s best friend.


www.aimsworldrunning.org. Association of International Marathons and Distance Races and the International Association of Athletic Foundations.


Publications

www.marathonandbeyond.com. Marathon & Beyond magazine. Because I’m prejudiced on its behalf, I listed it first. Not quite a magazine, not quite a journal, not quite a book, but a bit of all three. The magazine’s title says it all.

www.runnersworld.com. Runner’s World magazine. The largest running magazine in the world; its Web site is quite active and comprehensive.


www.endurancesportsmedia.com. A consortium of regional running magazines that banded together to more efficiently secure national advertising. These are your real down-to-earth local publications.

www.runningnetwork.com. Another consortium of some regional, some national magazines that work together to secure national advertising, especially from running shoe companies.

Book Publishers

www.humankinetics.com. Human Kinetics is the largest publisher of running and fitness books in the world.


Individual Runner Sites

These are sites hosted by some of the more long-running authors dealing with running.


www.halhigdon.com. Even though Hal has been around a long, long time, few runners are as up-to-date and knowledgeable about how to use modern technology to get the word about running out. His site is filled with good material, including chat sites.

www.dickbeardsleyfoundation.org. The Beards hosts his charity at this site, and it’s worth visiting.

www.kathrineswitzer.com. Besides offering some good content, Kathrine also lists upcoming personal appearances.

www.ambyburfoot.com. Amby is one of the most plugged-in writers in the world.

www.jeffgalloway.com. Jeff has probably trained (in person, online, by e-mail) more runners than every other coach combined.

www.marshallulrich.com. Marsh shares his vast knowledge of running long and doing it well. He’s also an expert on adventure running.

www.ultramarathonman.com. This is Dean Karnazes’ site and is always interesting and full of good information from one of the sport’s true eccentrics.

www.tullohbooks.com. Bruce Tulloh is one of our favorite madmen.

www.billrodgersrunningcenter.com. When in Boston, visit Bill at his store; it’s been a landmark since the 1970s . . . as has “Boston Billy” himself.

www.richardbenyo.com. Mr. Low Tech has a growing Web site of old writings on all sorts of subjects rescued from his garage.

Sites I Like

www.marathonguide.com. Everything you need to know about marathons can be found here. And it serves as a gateway to virtually every marathon on the face of the earth.

www.runningpast.com. Andy Yelenak, artist and archivist, knows running and likes to share the knowledge.

www.letsrun.com. A comprehensive site that also offers a place where runners can exchange ideas.

www.coolrunning.com. One of the original running Internet sites and still viable.

www.ultramarathonrunning.com. All things ultra from every conceivable place on earth.

www.zombierunner.com. ZombieRunner specializes in ultra stuff, but even if you aren’t into ultras, Zombie is an educational and entertaining place to shop. They have a physical store in Palo Alto, California.